



WELLNESS CENTRE

MASSAGE & HEALING TREATMENTS :

Tuesday, Wednesday and Thursday 18:00- 21:00

At the roof garden of the hotel "under the light of the Parthenon"

Aromatherapy Massage

60 minutes, €80

One of the most ancient ways of healing and the most widespread form of therapeutic massage. The essential oils derived from plants will "lift" your mood and alleviate pain.

Thai Massage

60 / 90 minutes, €90 / €120

This ancient art can balance the energy flow and significantly alleviate problems with incorrect posture and can help people under stress. During the session the donor uses body parts such as thumbs, elbows, knees and feet for the stimulation of the body.

Bamboo Massage

75 minutes, €120

A bamboo massage will melt away stubborn knots and tension and improve joint and muscle flexibility. It will increase your energy and vitality by soothing away stress and improving overall health and well-being.

Healing Treatment

(For any part of the body)

Contact our Therapist when booking
your appointment

Do you suffer from sore muscles, neck, back or shoulder pain? Are you losing flexibility? During a healing session the therapist uses thumbs, fingers, hands, forearms, and elbows for the handling and stimulation of the body. There are a number of different techniques, so the session can be adapted to the needs of each receiver.

YOGA CLASSES

Tuesday and Thursday 08:00- 09:15 - €15

At the roof garden of the hotel